

# Plainfield Area YMCA

## ***POSITIVE AMERICAN KARATE*** CLASSES AGES 3- 17 YEARS

**Building strong minds and bodies.**

**Karate builds confidence, self esteem and respect. Students will become physically fit, focused and have fun.**

**Class Days and Times:**

**Tuesday 6pm to 7pm** *(In studio B)*

**Thursday 6pm to 7pm** *(In studio B)*

**Saturday 1pm to 2pm** *(In studio A)*

**Class Prices**

**Members \$25.00 per month**

**Nonmembers \$40.00 per month**

**Uniform \$30.00**

**For more information, please contact: Kyle Jones**

**908-756-6060 ext: 113**

**Plainfield Area YMCA**

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